



BENSON PUBLIC LIBRARY

Staff members share some of their favorite books.....



Recommended by Peggy.....

Mug Cakes

100 Speedy Microwave Treats to Satisfy Your Sweet Tooth

By Leslie Bilderback

Satisfy your sweet tooth instantly with a microwave cake baked in a mug.

Mug Cakes contains one hundred quick and easy recipes that are ready in a matter of minutes! Why reach for store-bought mix that takes up to an hour to bake? Let *Mug Cakes* show you how to make a quick, tiny batter to mix in a mug with a fork! They are the perfect personal serving size when you don't feel like baking an entire cake or pan of cupcakes.

With dozens of mouthwatering recipes, there is something to please every taste. It's all here, from basic Buttermilk Cake, Red Velvet, and Carrot Cake to fancy Chocolate Caramel Fleur de Sel. Let the kids try their hand at S'mores and Root Beer Float cakes. Then send them to bed and try the liquor-infused recipes from the Adults Only chapter (Irish Coffee Cake, anyone?). There are recipes for cake lovers with special dietary needs, and even noncake recipes like mug puddings, pies, and cheesecakes, when you get tired of cake (yes...it can happen!).

So if you've got five minutes to spare, grab a mug, mix up a mug cake, and satisfy your dessert craving ASAP!

Recommended by Kelli.....

Made By Yourself

100 Percent Handmade Designer DIY Projects for the Home, from Furniture to Accessories

By Peter Fehrentz

DIY is all the rage and handmade objects guarantee individuality and sustainability and for this reason they have once more become highly sought-after.

Made by Your self's ideas for furniture and small decorative crafts are 100% individual, while the step-by-step instructions, sketches, and patterns guarantee that they are surprisingly easy and fun to make. The many different kinds of materials stone, wood, paper/cardboard, glass/porcelain, metal, plastic, textiles and leather combined with the imaginative ways they fit into their environment make this both a practical and atmospheric book filled with sophisticated and creative ideas.

Recommended by Andrew.....

Paddle Your Own Canoe

One Man's Fundamentals for Delicious Living

By Nick Offerman

***Parks and Recreation* actor Nick Offerman shares his humorous fulminations on life, manliness, meat, and much more in his first book.**

Growing a perfect moustache, grilling red meat, wooing a woman who better to deliver this tutelage than the always charming, always manly Nick Offerman, best known as *Parks and Recreation*'s Ron Swanson? Combining his trademark comic voice and very real expertise in woodworking he runs his own woodshop *Paddle Your Own Canoe* features tales from Offerman's childhood in small town Minooka, Illinois "I grew up literally in the middle of a cornfield" to his theater days in Chicago, beginnings as a carpenter/actor and the hilarious and magnificent seduction of his now wife Megan Mullally. It also offers hard-bitten battle strategies in the arenas of manliness, love, style, religion, woodworking, and outdoor recreation, among many other savory entrees.

A mix of amusing anecdotes, opinionated lessons and rants, sprinkled with offbeat gaiety, *Paddle Your Own Canoe* will not only tickle readers pink but may also rouse them to put down their smart phones, study a few sycamore leaves, and maybe even hand craft (and paddle) their own canoes.

Recommended by Vicky.....

Staging Your Comeback

A Complete Beauty Revival for Women Over 45

By Christopher Kopkins

Known as The Makeover Guy ® from his appearances on *The Oprah Winfrey Show* and other national television programs, Christopher Hopkins believes that as they age, women become more beautiful but often feel less attractive. He's out to change that. For more than twenty years he's encouraged women who often feel like they' have taken a backseat to everything and everyone else to come out of the shadows and take center stage. Now it's your turn. Using Christopher's step-by-step strategies and detailed advice, you will learn to:

- Restore your hair with your ideal cut, color, and style.
- Revamp your wardrobe to flatter a changing body.
- Refresh your face with 'visible lift' makeup techniques.
- Renew your spirit and maintain your look using Christopher's revival guide.

Recommended by Megan.....

The Healing Code

6 Minutes to Heal the Source of Your Health, Success, or Relationship Issue

By Alexander Loyd

THE HEALING CODE is your kit for life. In 2001, Dr. Alexander Loyd discovered how to activate a physical function built into the body that removes the source of up to 95% of all illness and disease. The neuro-immune system can then do its job of healing whatever is wrong in the body. Dr. Loyd's findings were validated by tests and by the thousands of people from all over the world who have used The Healing Code system to correct virtually any physical, emotional, or relational issue, as well as realize breakthroughs in career success. His testing has also revealed that there is a "Universal Healing Code" that can help cure most issues for most people. In this book, you learn that Universal Healing Code, which takes only minutes to do. The book also includes:

- The Seven Secrets of life, health, and prosperity
- The 10-second Instant Impact technique for defusing daily stress
- The Heart Issues Finder, the only test that identifies your source issues in a succinct personalized report.