PROCLAMATION

American Diabetes Month

WHEREAS, in the United States, nearly 30 million people, including approximately 500,000 children and adults in Arizona, have diabetes, a serious disease with potentially life-threatening complications such as heart disease, stroke, blindness, kidney disease and amputation; and

WHEREAS, an additional 86 million people in the United States, are at risk for developing type 2 diabetes; and

WHEREAS, recent estimates project that as many as one in three American adults will have diabetes in 2050, if current trends continue; and

NOW, THEREFORE, I, Toney D. King, Sr. Mayor of the City of Benson, Arizona, do hereby proclaim, November 2014 as

"American Diabetes Month"

and I encourage all Citizens of the City of Benson, to recognize American Diabetes Month, and be part of the American Diabetes Association's Stop Diabetes movement to confront, fight and most importantly, change the future of this deadly disease.

TONEY D. KING, SR., Mayor

ATTEST:

VICKI L. VIVIAN, CMC, City Clerk

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PROCLAMATION

Extra Mile Day

WHEREAS, the City of Benson is a community which acknowledges that a special vibrancy exists within the entire community when its individual citizens collectively "go the extra mile" in personal effort, volunteerism, and service; and

WHEREAS, the City of Benson is a community which encourages its citizens to maximize their personal contribution to the community by giving of themselves wholeheartedly and with total effort, commitment, and conviction to their individual ambitions, family, friends, and community; and

WHEREAS, the City of Benson is a community which chooses to shine a light on and celebrate individuals and organizations within its community who "go the extra mile" in order to make a difference and lift up fellow members of their community; and

WHEREAS, the City of Benson acknowledges the mission of Extra Mile America to create 500 Extra Mile cities in America and is proud to support "Extra Mile Day" on November 1, 2014.

NOW THEREFORE, I, Toney D. King, Sr. Mayor of the City of Benson, do hereby proclaim November 1, 2014 to be

"Extra Mile Day"

and I urge each individual in the community to take time on this day to not only "go the extra mile" in his or her own life, but to also acknowledge all those who are inspirational in their efforts and commitment to make their organizations, families, community, country, or world a better place.

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TONEY D. KING, SR., Mayor

ATTEST:

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VICKI L. VIVIAN, CMC, City Clerk