



BENSON PUBLIC LIBRARY

Staff members share some of their favorite books.....



Recommended by Peggy.....

World Beer

By Tim Hampson

World Beer explores the renaissance of beer, explaining the brewing process, beer history, and the finer points of beer appreciation. The stories of major beer producing nations are explored in depth, focusing on their local beer styles and the breweries that made them famous.

From the face-smacking intensity of ultra-hopped IPAs to sweet-and-smoky porters, *World Beer* showcases beers by brewery, telling the story of today's top brewing innovators and their brews. There are evocative tasting notes for both core and seasonal beers in addition to food pairing suggestions to get the most out of each glass.

Recommended by Kelli.....

Totally Awesome Rubber Band Jewelry

By Colleen Dorsey

Make Bracelets, Rings, Belts & More with Rainbow Loom, Cra-Z-Loom or Funloom

Are you ready to make the most awesome, fun bracelets EVER? Then jump into *Totally Awesome Rubber Band Jewelry!* With this new book and your Rainbow Loom®, Cra-Z-Loom™, or FunLoom™, you can make all of the cool rubber band accessories that are driving the hottest crafting craze in years.

Enjoy hours of creative fun with this ultimate guide to stretch band looms. *Totally Awesome Rubber Band Jewelry* is packed with 12 original projects, more than 200 full color photos, and dozens of clear, easy-to-follow loom diagrams.

Totally Awesome Rubber Band Jewelry shows you everything you need to get the most out of your loom. You'll learn to create completely colorful and super stylish bracelets, earrings, belts, and more in just minutes. Step out in style with the Hippy Belt, show off your skills with the Zipper Bracelet, and embellish your journals, bags, and barrettes with Flower Charms. The possibilities are endless!

Recommended by Andrew.....

The Small House Book

By Jay Shafer

In 2008, a used house in the U.S. averaged \$244,000. That is far more than the average American can afford. Jay Shafer shatters the myth that affordable housing needs to be cheap. In his book, Jay reveals the ugly truth about residential planning and the needless overbuilding that is, in part, to blame for today's mortgage crisis. Did you know that you can't build a house as tiny as the one Jay lives in? That is, unless you know the loopholes! He's done the research, and shares it with you. You'll learn why it is necessary to build on wheels, and see the process of attaching a house to a trailer with step-by-step instructions and pictures. Jay Shafer, the author, personally built a dozen tiny houses and lived in 3 different ones. He is recognized as a leader in the Small House Movement.

Recommended by Vicky.....

Curly Girl The Handbook

By Lorraine Massey

The *Curly Girl* manifesto is back, now completely revised, updated, and expanded by more than a third with all-new material. Created by curly hair evangelist Lorraine Massey—the go-to curl expert featured in *Allure*, *InStyle*, *Lucky*, *Seventeen*, and *The New York Times*; owner of the Devachan salons in New York; and creator of a multimillion-dollar line of all-natural Devachan products—*Curly Girl* is the surprising bible for the 65 percent of women with naturally curly or wavy hair and a desire to celebrate it.

Curly Girl is packed with unique and fail-proof hair-care methods, inspiration, and an empowering pro-curl attitude. It's all here: daily routines for Botticelli, fractal, and wavy curls; Lorraine's no-more-shampoo epiphany—handle your hair as gently as you do your best cashmere sweater; homemade lotions and potions.

New to this edition: an illustrated, step-by-step guide to trimming your own hair (Remember: It's not what you take off; it's what you leave on.); a section on the particular needs of wavy hair; Lorraine's Down-and-Dirty Curly Boy Routine; more fabulous 'dos for weddings and other special occasions; a chapter on multicultural hair written by an African American specialist at Devachan. Plus, updated information on green and chemical-free products, 20 new Q&A's, and a DVD with tutorials on caring for four different types of curls.

From now on, there's no such thing as a bad hair day.

Recommended by Megan.....

Superfood Smoothies

100 Delicious, Energizing & Nutrient-dense Recipes

By Julie Morris

Everyone loves smoothies—and this is the ultimate smoothie book, written by Julie Morris, author of *Superfood Kitchen* and a superfood expert! Morris whips up 100 nutrient-rich recipes using the world's most antioxidant-, vitamin- and mineral-packed foods, and offers innovative culinary methods for making your smoothies incredibly nutritious and delicious.

Whether you're looking for an energy boost, seeking a gentle cleanse, or just trying to get healthy, you'll be inspired to power up the blender!